

# Centering Diabetes

Saturdays 8:30 a.m. to 11:30 a.m.  
at VNA of Fox Valley, 400 N. Highland Avenue, 2<sup>nd</sup> Floor

## 2010

July 24  
August 21  
September 18  
October 23  
November 20  
December 18

## 2011

January 15  
February 12  
March 12  
April 9  
May 7